Work smarter, not harder – at scale! Using AI to coach students through college-going and financial aid processes

July 31, 2024







Housekeeping

- > Please drop your name, org, and state in the chat
- > Add your org to your Zoom name
- Meeting is recorded
- Camera and mute
- ➤ Use Q&A padlet for comments and questions
- > Breaks



Agenda

- > Opening Remarks
- > Introduction to Washington's OtterBot
- Optimizing Texting Technology through Engagement Research with Students (OTTERS) project
- Breakout #1: How can generative AI enhance what chatbots are trying to do?
- > Education Forward Arizona
- Breakout #2: Tell us about your experience with chatbots or other navigation tools or technology. What is something you would recommend based on your experience or ideas? What do you want to do next?
- OTTERS Toolkit Preview
- Closing Remarks

Washington Student Achievement Council & OtterBot

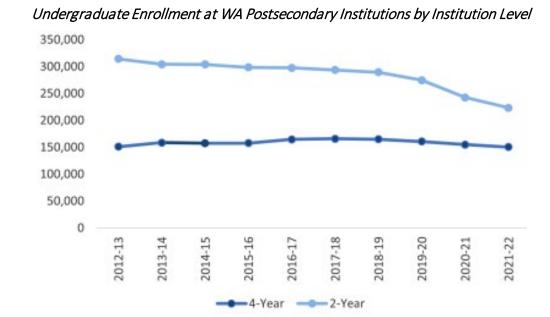
Washington Student Achievement Council

- ➤ The Washington Student Achievement Council (WSAC) is the state higher education agency.
- ➤ The OTTERS project is part of WSAC's Beyond Government agenda.
- ➤ WSAC is working to navigate the space between research, policy, and practice.
- ➤ We work collaboratively with partners and aim to build our capacity and the capacity of other state agencies.

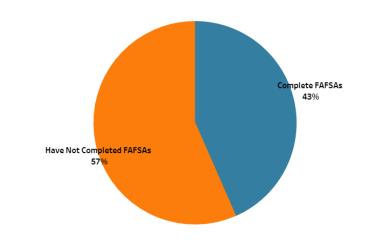


Washington State's OtterBot - the why

> Washington State struggles with financial aid and college enrollment despite having the most generous and equitable financial aid programs in the country







OtterBot - where we started

• Launched in November 2019 with Legislative funding

• Mainstay (AdmitHub)'s platform

Started by supporting approximately
 15,000 College Bound Scholarship seniors



OtterBot - where we are & where we're going

• Supporting over 33,000 9-12th grade College Bound students – growing every day!

• Supporting over 120,000 parents/guardians with this additional support

• Increased data sharing and regionalization/customization efforts with trusted messengers



Optimizing Texting Technology through Engagement Research with Students (OTTERS) Project

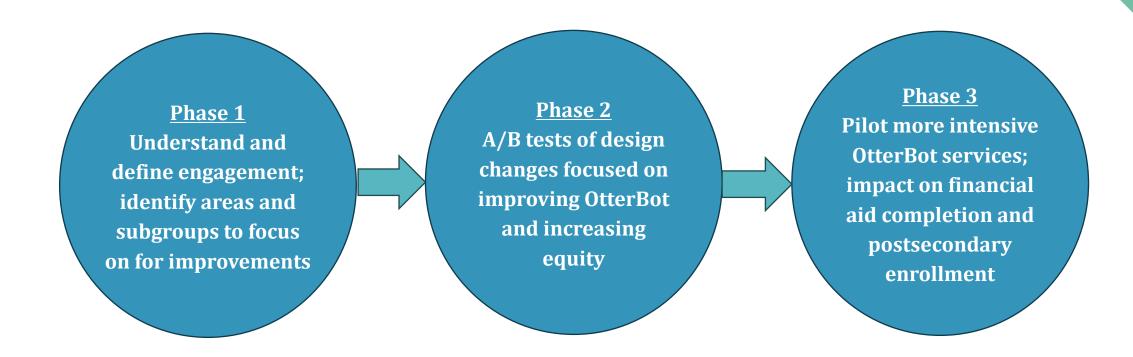
July 31, 2024







Overview of OTTERS Project



Phase 1 – The Why & How

% Students submit Financial Aid Application

OtterBot messages

% Students enroll in postsecondary education or training

- ➤ Process mapping
- ➤ Quantitative analysis of administrative data
- ➤ Literature review
- Focus groups with students and parents
- ➤ Student survey

See our toolkit

Phase 1 – Key Quantitative Findings on Financial Aid & College Enrollment

- ➤ Financial Aid Application: Only 39 percent of College Bound eligible students submitted their financial aid applications (FAFSA) without errors.
- > **Equity Considerations:** Disparities by
 - > GPA
 - > Ethnicity
 - > Gender

➤ College enrollment: Only 41 percent of College Bound eligible students enroll in college.

Phase 1 – Key Focus Group Findings on College Access

College application and enrollment

- Academic preparedness and selfefficacy likely mediates engagement and demand for different message content
- Uncertainty avoidance
 - Especially salient for first generation students

Related Recommendations:

- Normalize various postsecondary pathways (community college, certificate programs, apprenticeships)
- Personalized information
- Localized lists of colleges and career information
- Desire to indicate preferences and interests

Phase 1 – Key Focus Group Findings on Financial Aid Application

Financial Aid Hassle factors Link to begin FAFSA and associated reminder

Financial anxiety and financial aid awareness

Parental support

- Information about scholarships and individualized eligibility for college aid
- Guidance on how to talk to parents
- Bulleted list of what parents need to complete

Phase 1 – Key Findings on chatbot reach & engagement

Quantitative

- ➤ OtterBot aims to improve FA and college outcomes, but less than half of CBS students ever receive an OtterBot message.
- About half of those ever respond to an OtterBot message

Qualitative

- Translation and literacy needs
- ➤ Lack of trust in bots and automated messages
 - Can be perceived as "spammy"
 - > Trustworthiness of hyperlinks
- Students receive a lot of messages and notifications!
 - Banner Saliency
 - Keep it brief & action-oriented

Phase 1 – Key recommendations from students and parents

> Content

- ➤ High demand for information on scholarships or other forms of financial aid
- High demand for information on career options and their requirements
- Parents/guardians want more basic information about the college process and available resources
- > Personalized information

Delivery

- Introduced to bot by a trusted messenger
- Keep it brief
- Clear actions
- Describe purpose & location of hyperlinks
- > Deadlines & reminders
- Desire for information before senior year

Phase 2: Designing Alternative Messages

Our Targeted, Research-Informed Goals



Goal 1: Improve OtterBot's **reach** and student **engagement**



Goal 2: Provide **information** and guidance to help students navigate financial aid and college applications



Goal 3: **Encourage action** on key steps

#1: Improve Reach and Engagement

¡Hola! Alejandra, soy OtterBot, un servicio de mensajes de texto gratuito del estado de Washington para ayudarte a aprender formas de financiar tu educación y capacitación después de la escuela secundaria. Is this the number for Annabel? Reply 1 if YES, 2 if this is the person's parent or guardian, or 3 if NO.

[If they text 2, branch to parent campaign]



More inclusive reach

Spanish translations to improve understanding and sense of belonging among Hispanic students

Redirecting recipients to other sources of information and attempting to correct numbers in the database

#1: Improve Reach and Engagement

Hi James, this is
OtterBot, a free
texting service by
Washington State to
help you learn ways
to fund your
education and
training after high
school.

This is OtterBot, a free texting service by WA State to help you learn ways to fund your education and training after high school (wsac.wa.gov/otterb ot).



Repeatedly associated OtterBot with the state of Washington and WSAC.

#1: Improve Reach and Engagement

Don't miss let this unique opportunity to access affordable or FREE diverse education options pass you by!

Reply with one number to learn more:

[1] Apprenticeship program

[2] Community or technical college
[3] 4-yr college

Hey Tyler! Can you tell me where you stand in the process of applying for FAFSA (or WASFA)? Maybe I can help. Reply with one number.

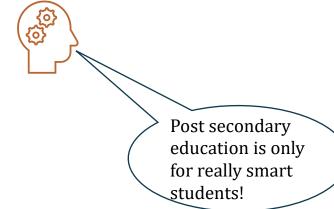


Foster two-way interaction

We relied more on messages that allowed students to ask for information that best fit their needs

Melissa, it's OtterBot. College Bound is not just for 4-year college! It can also help cover costs for apprenticeship programs and community or technical college.

Shifting mental models



Our state is #3 in the US for financial aid. Want to learn more about the financial resources YOU have access to as a Washington State student?

College Bound
covers average
tuition, fees, and a
book allowance at
over 65 colleges,
universities, and
technical schools in
Washington.



Address financial uncertainty

Repeatedly message generous WA financial aid with specific numbers and reminders that *they* can attend tuition-free

Alex, This year, both students and their financial "contributors" (usually parents) will need to fill out SEPARATE pieces of the FAFSA.



Use simple language

We explained some of the technical jargon and used simple language and syntax.





Offer tools to help students engage their caregivers

We created and encouraged students to share materials with their parents.

#3: Encourage Action

Don't miss out!
Explore participating schools and programs to make the most of Washington State financial aid https://wsac.wa.go
v/sfa-institutions

Dear Brianna, many
College Bound
students like
yourself have
already completed
their FAFSA.
Applying for FAFSA
(or WASFA) is the
first step to
receiving financial
aid.

[name], Did you check out the Common App website yet? Create a Common App account. It's free and it will help you manage all your college applications in one place.

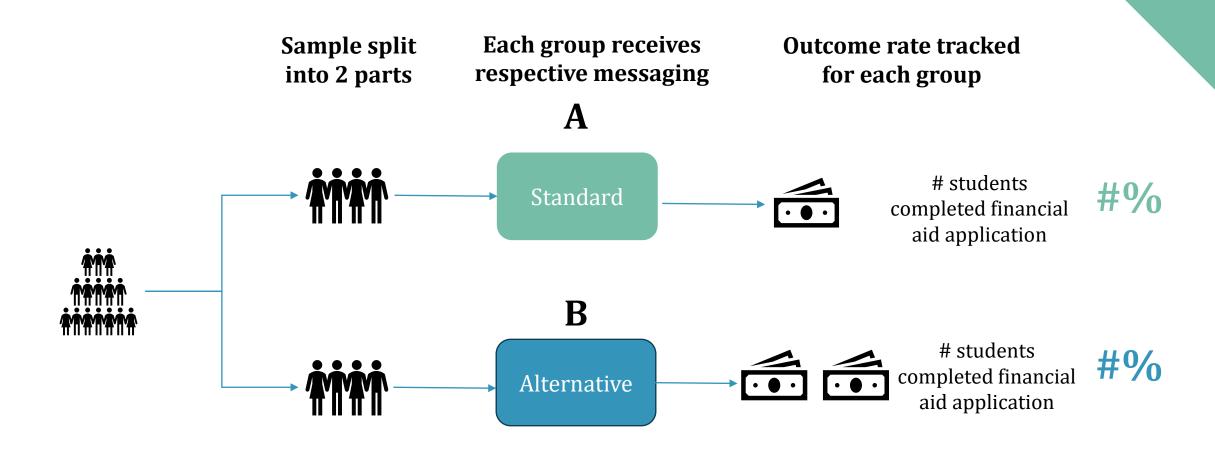
https://www.commonapp.org/apply/first-year-students

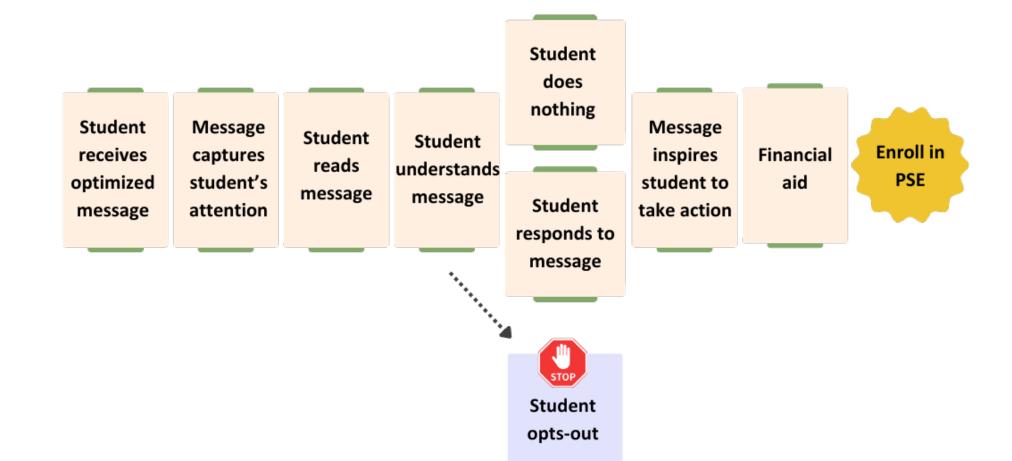


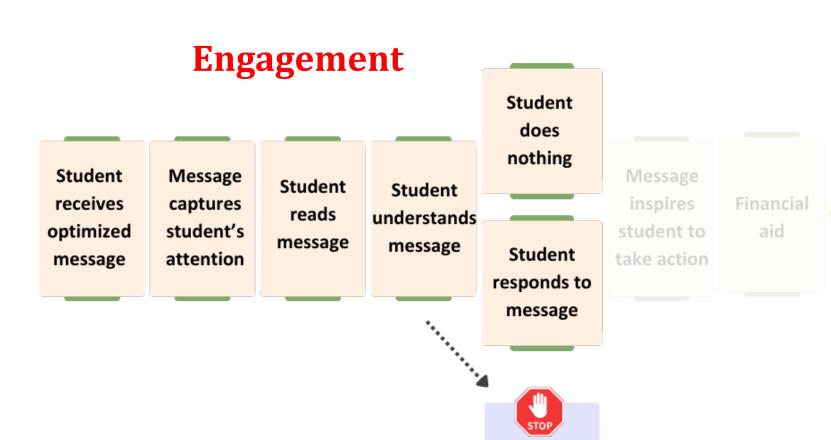
Nudge action!

We used principles such as loss aversion, social proof, reminders, etc.

Phase 2: A/B Testing







Student

opts-out

Unobservable signals

Student receives optimized message Message captures student's attention

Student reads message

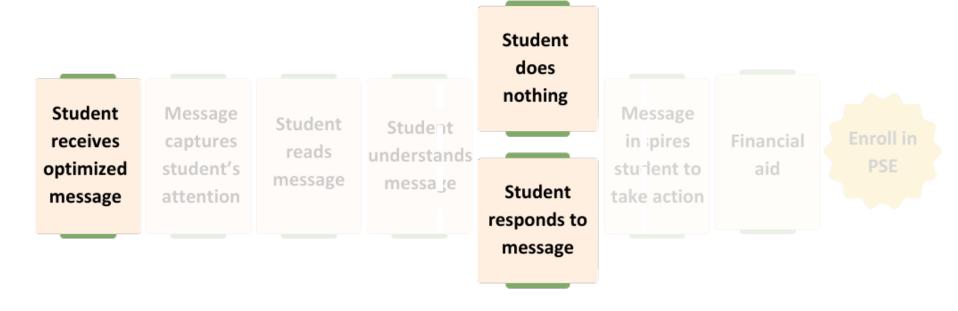
Student understands message Student does nothing

Student responds to message Message inspires student to take action

Financial aid Enroll in PSE

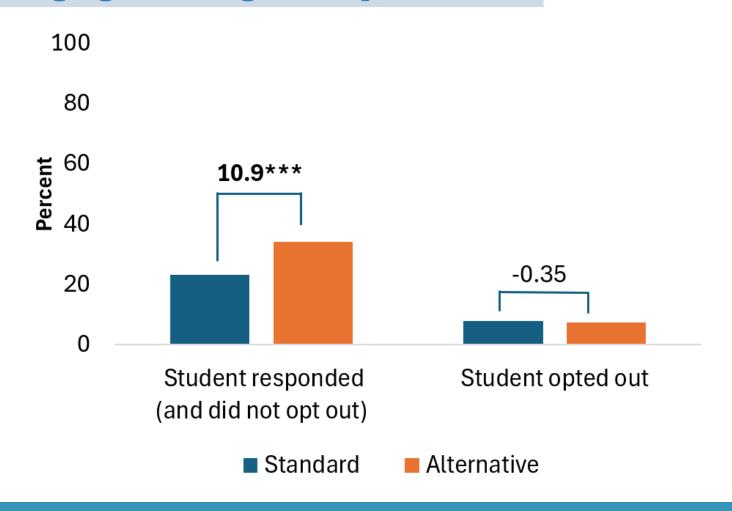


Observable signals

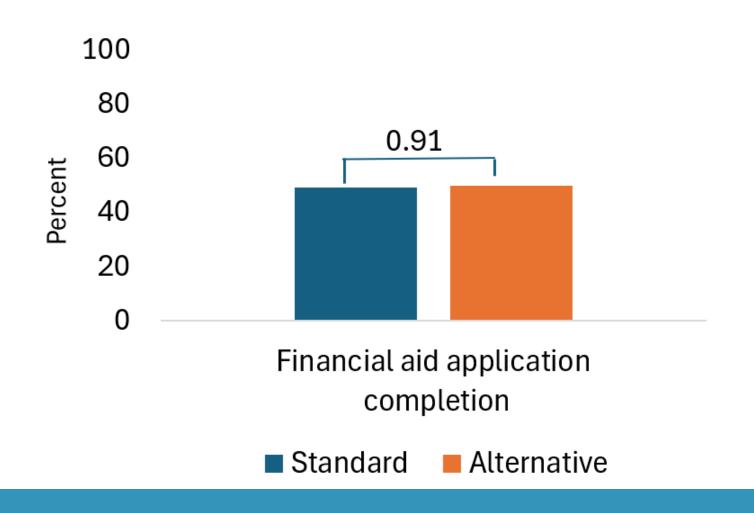




Alternative messaging led to higher response rates



No impacts on financial aid application completion so far



Subgroups

- > Ethnicity (Hispanic vs. all other ethnic identities)
- ➤ Gender (male vs. female and nonbinary students)
- \triangleright GPA (< 2.0, 2.0 3.0, and > 3.0)
- ➤ Population density (rural vs. non-rural)

- ➤ Generally, the impacts are the same across subgroups
- ➤ Alternative messaging increased financial aid completion among non-Hispanics; Non-Hispanics also had higher rates of financial aid completion
- ➤ Positive impact on financial aid completion among male students, but levels still lower than female-identifying and nonbinary students
- ➤ Students with GPA > 3.0 had highest rates of engagement; among students with GPA < 2.0, alternative messaging reduced rates of opt out
- > Rural students receiving alternative messaging less likely to opt out

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OTTERS Project: Looking forward

- > OTTERS Report: Phase 1 & 2 Findings
- > OTTERS Toolkit
- > OTTERS Phase 3

Questions?

Thank you!

MDRC:

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WSAC:

sarahwe@wsac.wa.gov





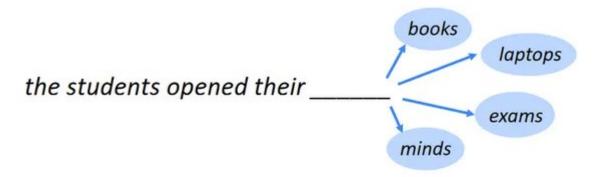


What is Generative AI?

A type of artificial intelligence that uses existing data to produce *new* content, including images, text, video, and audio

Different from traditional AI, which is trained to follow specific rules or perform discrete tasks, not to generate new content

Creates the possibility of everyone getting their own personalized intervention.

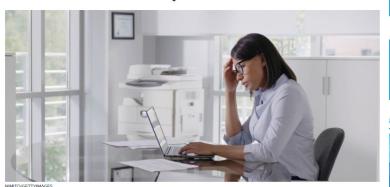


https://www.analyticsvidhya.com/blog/2023/07/next-word-prediction-with-bidirectional-lstm/

Six Tips to Get Gen AI Right (editorial)

- •Think it Through: Ensure AI fits the problem and develop a theory of change.
- •Start with a Pilot Program: Validate safety and effectiveness before scaling.
- •Analyze System Performance: Understand flows and journeys.
- •Rapid A/B Testing: Iterative testing to improve AI programs.
- •Ethical Data Use: Diverse review boards and internal policies.
- •Understand Context: Participant advisory boards for relevant questions and answers.

No shortcuts: Only well-managed Al will deliver on its promise



By Richard Hendra

JUNE 14, 20

How Could GenAI Improve Otters?

- **1. Enhanced Personalization** "Hi [Student Name], based on your interest in computer science and your GPA of 3.2, we found a scholarship specifically for students pursuing tech degrees at your preferred university, [University Name]. The deadline to apply is next month. Click here to learn more and start your application!"
- **2. Improved Engagement:** "Hello [Name], we noticed you're interested in applying to [University Name]. Here are some tips on how to enhance your application based on your academic profile and extracurricular activities."
- **3. Timely Information:** "Hi [Student Name], a new scholarship opportunity just opened up that aligns with your interests in environmental science. The application deadline is in two weeks. Here's the link to apply."
- **4. Scalable Coaching Models:** "Hi [Student Name], I see you have questions about your student loan options. Based on your financial background, here are some tailored loan options you can consider. If you need further assistance, our support team is here to help."

Breakout #1 How can generative AI enhance what chatbots are trying to do?



Your Digital FAFSA assistant

Ask Benji Team





<u>Graciela Nobles</u> <u>Ask Benji Program</u> <u>Manager</u>



<u>Lizette Blancas-Hernandez</u> <u>Engagement Coordinator</u>



Michael Wang
Partner & Data Coordinator



<u>Dr. Murphy</u>
<u>Senior Director,</u>
<u>Attainment and AzCAN</u>



Your Friendly FAFSA Digital Assistant

Anytime, Anywhere

24/7 FAFSA assistance in the hands of all high school seniors

Text "Hi Benji" to 602-786-8171 and ask away



FAFSA Expert

Can answer over 1000+ responses to FAFSA, college & career questions

English & Spanish with live agent support



Personalized Support

Align Benji with your student's needs based on FAFSA status

Custom messaging to promote your FAFSA & postsecondary events



A Collaborative Effort

Ask Benji is part of the Arizona FAFSA
Coalition, a statewide group of FREE resources to increase FAFSA awareness and completion rate



Benji Class of 2024

Students Welcomed and launched in October 2023

Topics:

- FAFSA & Promise Grant
- College & Career
- Scholarships and Student Programs
- Partner & Regional Event reminders
- Creating more Benji Commands #askbenji
- Summer Melt Themes

We created over 177 messages for students throughout the school year. Students average about 4-8 messages a month.

• 64 Interactive Messages & 113 Nudge Messages

Platform Support: Mainstay



Ask Benji Chatbot

51

Personalized Messages

MOU Partnerships: Non-expiring and districts self-renewal by submitting data.

- Key data is required at the start of the year from our partners
- Personalization ("Hi Barbie")

Opt-in process: Anyone can opt-in via the **number** and a **new web** form.

Benji will work with ABOR's **AZ College Connect** Database for 2024-25.

- Our team tracks FAFSA application progress, aids in individual interactions
 - No match, partial match, incomplete, missing signature, incomplete, action required, and complete

First Name

Last Name

Middle Initial

Birth Date

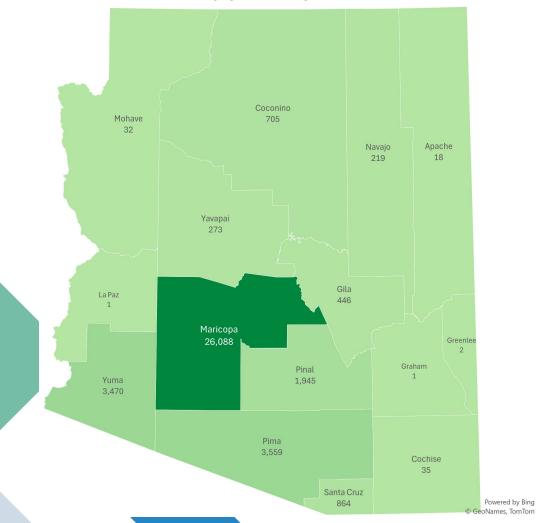
Zip Code

Graduation Year

> Phone Number

Benji Seniors





Current MOU Partnerships

- 1. We are in 27 Districts, two unique partnerships, and 132 High Schools
 - >Two unique program partnerships
 - WestMEC
 - Grad Solutions
- 2. We are in 198 High Schools via Benji partnerships and student opt-ins

New 2023-24 Benji Partners

Sahuarita Unified - Fall 2023 Nosotros Academy - Fall 2023 Colorado City District - Fall 2023



Junior Expansion

Junior Cohort Study

Study: We wanted to compare the AZ FAFSA completion rates of the class of 2025 compared to other students*

- * This was our goal before the 2024-25 rollout of the FAFSA
- Limited messaging 2-3 a month vs. Seniors 4-8 messages a month

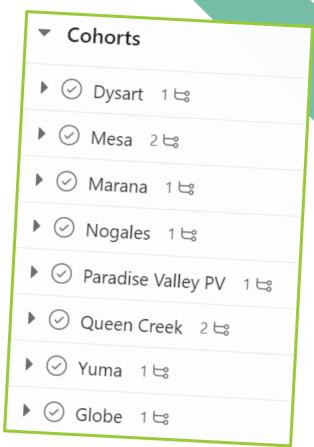
Question: Does Ask Benji messaging juniors...

- Increase FAFSA completion
- Increase steps taken towards CCR
- Increase postsecondary enrollment
- Increase sense of support

Comparison groups:

- Class of 2024 & 25 who didn't get junior messaging
- Class of 2024 & 25 who didn't get any Benji messages



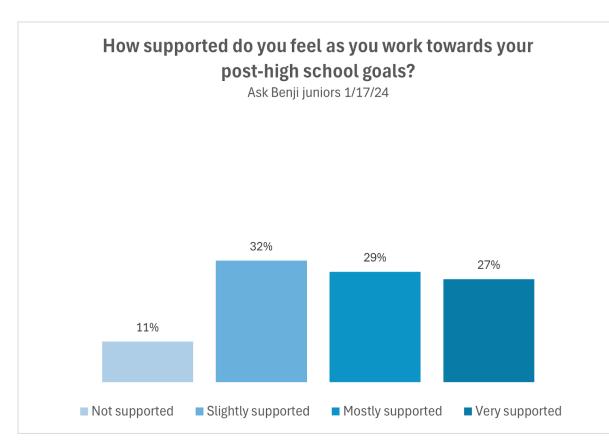


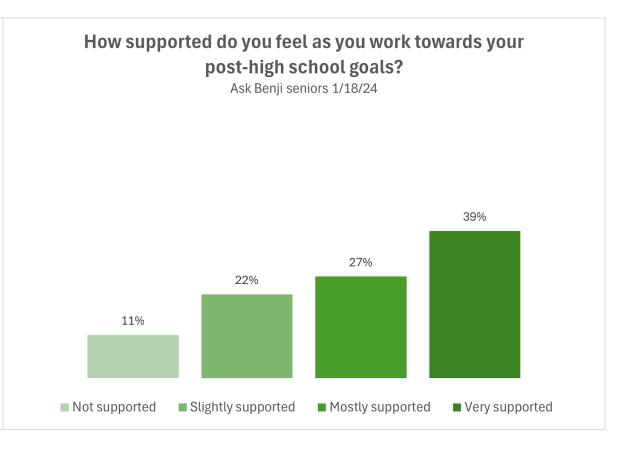
Junior Cohort Notes

Cohort Class of 2025	Frequency	Notes
Point of Contact for Juniors @school	2023-24 Academic Year	Send to Michael @ Ask Benji
Junior & Senior data needed	Submit by September 2023	Data Request Notification
Benji will start		Early October
Junior messaging a month	Bi-weekly	2-3 messages a month
Updates with the school team	2-3 update meetings/year	Onboarding plus data check-ins
Student Questionnaire "Survey"	6-8 questionnaire	During the Academic Year 2023-24
Benji branding on the school site	Start of year	School Materials and parent letters on Benji's toolkit
Region specific messages	1-3 a Semester	If you have school/district college, career, or FAFSA events, Benji can send student "nudges."

Junior Ah-Ha #1

Juniors feel less supported than seniors when it comes to their post-high school goals

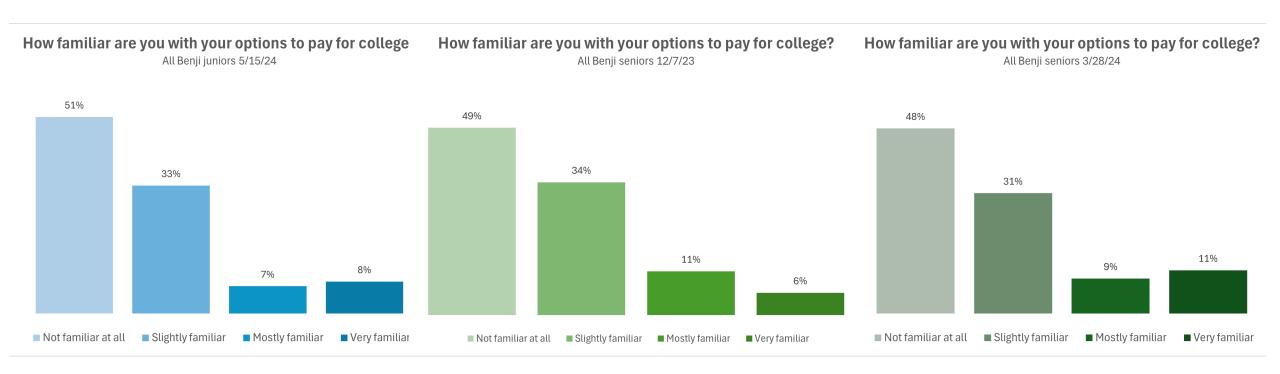




Sample size: 102 juniors, 444 seniors

Junior Ah-Ha #2

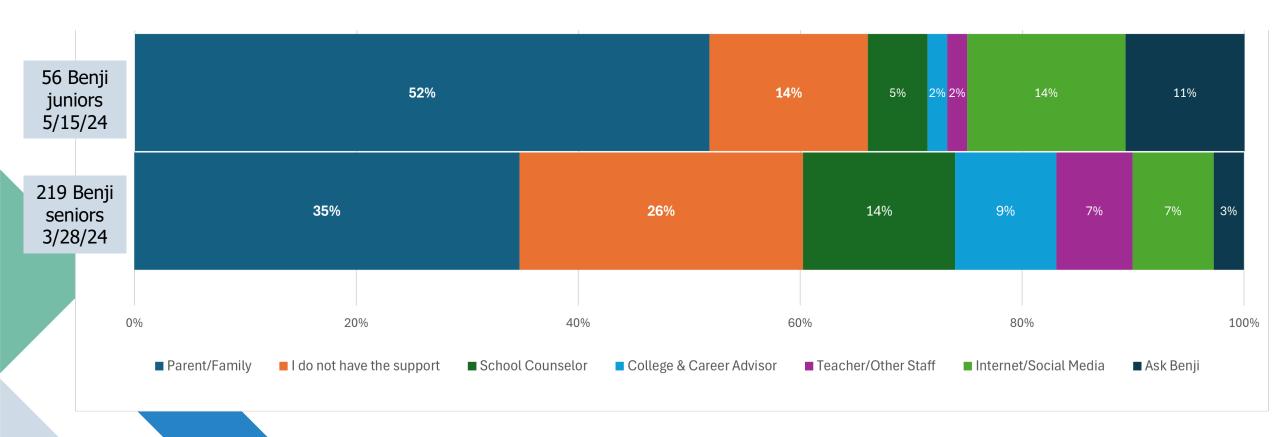
Across hundreds of Benji juniors & seniors, students consistently feel they are not familiar with their options to pay for college



Sample size: 84 juniors, 540 seniors, 373 seniors

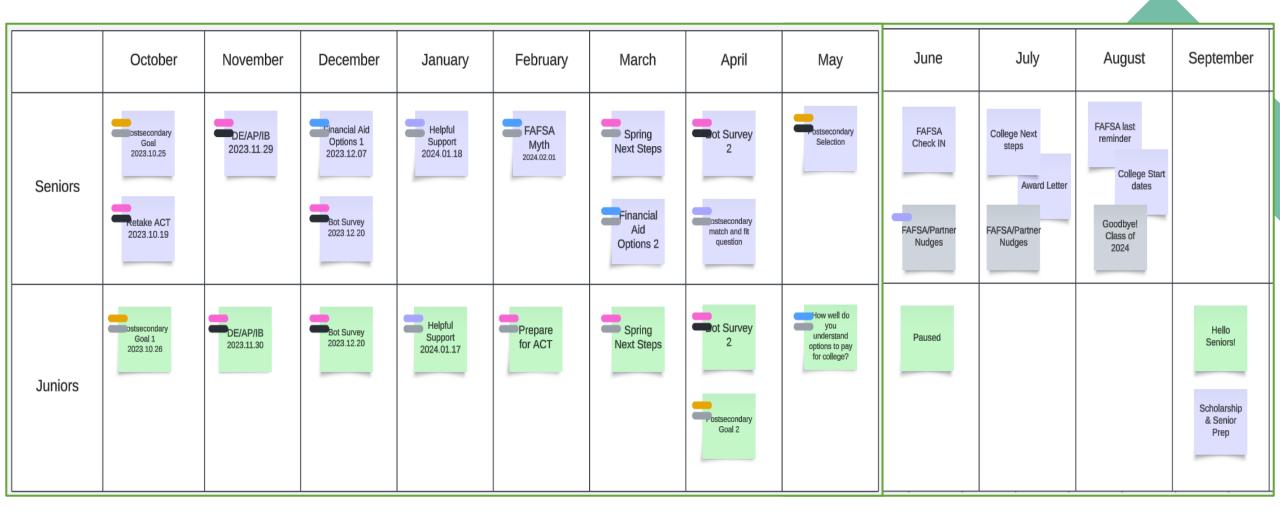
Junior Ah-Ha #3

Who has been the most helpful support when it comes to understanding your options to pay for college? The answers are concerning...



Partner Benefits

Messaging Flow



Partner Nudge Messages



Hey, Benji here! Red Mountain High School is having a Parent Breakfast/FAFSA workshop on Jan. 13, 2024 from 8am-10 am. Parents and students must have FSA IDs completed a week ahead. Sign up is required, go to https://forms.gle/ UMqHeRZjcvhv5f999 to save your spot! Hey there! Quick reminder: As you apply for FAFSA and other financial aid, it's also important to apply to the schools on your list if you haven't already. Schools can't send you a financial award letter if you haven't applied for admission!

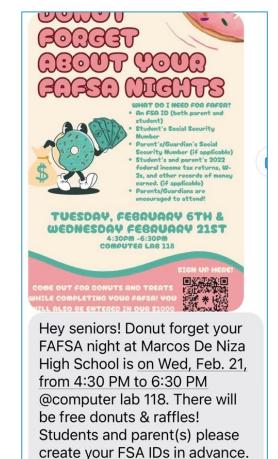
You can text #priority and #azcolleges to receive more info about priority deadlines and admission for AZ's institutions!

Hey there! College Depot is having a Scholarship Expo on Feb 1st from 4:30-6:30 pm at the Burton Barr Central Library where you'll get the opportunity to meet w/ local & national scholarship providers, attend a panel presentation, and receive scholarship help. Go to https://mainst.ai/424Az4Z to save your spot!

MOU school partners and our Az partners can request their events to become nudges.

Hey! There will be a FAFSA workshop on May 4th at 7014 E Camelback Rd. Suite 1459 from 10 a.m.-2 p.m. FAFSA experts will be available to answer your questions. Please create your FSA ID beforehand & view https://mainst.ai/39pB7vj for a list of required documents to bring.

Go to https://mainst.ai/3Pluwnl
to RSVP now. Do you plan on attending the workshop? {Pls reply Yes or No}



Check out the flyer for more

3Srda9m to contact your

College Connect advisor.

info, or go to https://mainst.ai/

Partner Items & Events

Partner Benji Marketing Resources

- § Educator Toolkit and Media Toolkit for partners
- § Parent Letter about Benji (Eng & Esp) to explain Benji
- § Benji Logos for promotional use
- § Presentations to students and parents (on request and based on team capacity)







2024-25 AY Benji's New Updates



Senior Parents who engage with Benji will receive student messaging* throughout the school year, just like our senior students.

*Due to relevancy, parents may not receive all the messages to personalize their messaging experience better.

Our team will customize key FAFSA messages for our parent users

- Send parents action items to help their student with FAFSA completion and next steps
 - FSA ID, contributor section, priority dates, and FAFSA help
- Share financial aid milestones their student should be completing
- Send potential custom partner nudges that are directed to parents



Senior and Juniors

Hello Lizette, Benji here! Setting goals can help you learn how to prepare, focus & challenge yourself. Now that you're navigating through your last year, I am curious about what your post-grad goals are as of now. {To get more info, choose the option that best applies to you by selecting one number}

- [1] Community College
- [2] University
- [3] Vocational/Trade School
- [4] Military
- [5] Workforce
- [6] Unsure

- Updating the Ask Benji KB to include more vocational and college next steps
- Revamp interactive questionnaire messages to follow the rhythms of our AZ students
 - Including career and unsure messaging
 - Summer melt messages
- Expansion of Juniors: we will continue our Junior messages and are looking to add new school partners.
- **Student Toolkit** to be created so students and parents can access resources for their postsecondary goals.
- Providing the Benji Webchat bot for our partner schools
- College students using Benji for FAFSA help
- New Opt-in form coming Fall 2024



Thank you!



Questions? Email gnobles@educationforwardarizona.org

Questions?

Breakout #2

- Tell us about your experience with chatbots or other navigation tools or technology.
- What is something you would recommend based on your experience or ideas?
- What do you want to do next?

OTTERS Toolkit: Preview

OTTERS Toolkit Contents

- ➤ Tool 1: Process Mapping
- ➤ Tool 2: Focus Groups to Gather input from Students and Parents
- Tool 3: Messaging Prototypes
- > Tool 4: Survey Instruments
- ➤ Tool 5: How to Use the GitHub Repository
- ➤ Tool 6: How to prepare for administrative data analysis

- > Tool 7: How to create a Sankey Flow Chart
- > Tool 8: Regression Analysis
- > Tool 9: Random Forest Analysis
- > Tool 10: Craft more effective communications with simple behavioral science tips
- ➤ Tool 11: Random Assignment Best Practices
- ➤ Tool 12: Other A/B Testing Best Practices

Github Toolkit Overview

What is Github?

- Open-source code
- Promotes collaboration

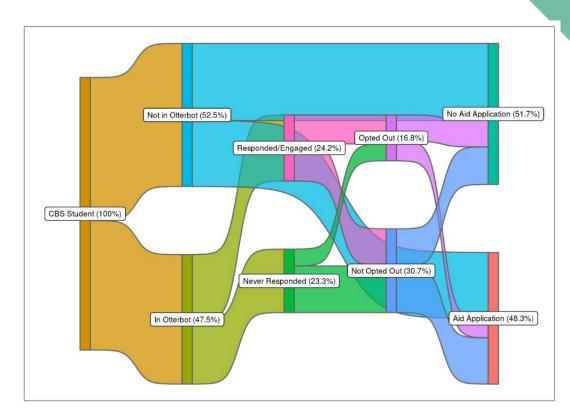
Overview of the OTTERS Toolkit Repository Structure

The folders and files within this repository are prefixed with numbers to indicate the order we suggest following. Below is an overview of this sequential structure:

- 0. How to use this repository: general instructions on using the GitHub platform and the code provided. If you are new to this repository, please start here!
- 1. Random Assignment:
- 2. Creating Baseline Tables:
- 3. How to create a Sankey Flow Chart:
- 4. A/B Testing:
- 5. Subgroup Analysis:
- 6. Regression Analysis:
- 7. Random Forest Analysis:
- 8. Path Analysis:

Github Toolkit Overview

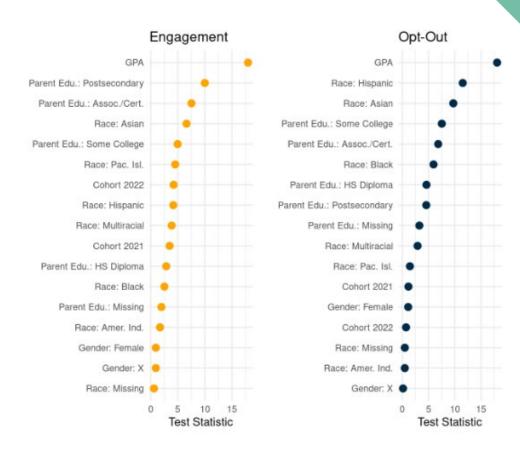
```
pl <- df2 %>% filter(!is.na(student_research_id))%>%
  ggplot(aes(x = x)
               next_x = next_x,
               node = node,
               next node = next node,
               fill = node,
               label = paste0(node," (", round(pct* 100,1), '%)' ))) +
   geom_sankey(flow.alpha = 0.5,
                node.color = NA,
                show.legend = FALSE) #+
  # geom_sankey_text(size = 3, color = "black", fill = NA, hjust = 0,
                      position = position_nudge(x = 0.1))
pl <- pl + geom_sankey_label(size = 2.5, position = "identity", color = "black", fill= "white", hjust = .5)
pl <- pl + theme_bw()
pl <- pl + theme(legend.position = "none")</pre>
pl <- pl + theme(axis.title = element blank()</pre>
                  , axis.text.y = element_blank()
                  , axis.ticks = element_blank()
                  , panel.grid = element_blank())
```



Github Toolkit Overview

```
# Create feature importance plot
p1 <- ggplot(importance_df, aes(reorder(Feature, Mean_Decrease_Accuracy), Mea
geom_point(color = "#B1CBEB", size = 3) +
labs(x = "Feature", y = "Mean Decrease Accuracy") +
theme_minimal() +
coord_flip()+
theme(text = element_text(size = 14))
p2 <- ggplot(importance_df, aes(reorder(Feature, Mean_Decrease_Gini), Mean_De
geom_point(color = "orange", size = 3) +
labs(x = "", y = "Mean Decrease Gini") +
theme_minimal() +
coord_flip() +
theme(text = element_text(size = 14))

plot_row <- plot_grid(p1, p2, ncol = 2)</pre>
```



OTTERS Toolkit: Behavioral Tips for More Effective Communications

About this Tool

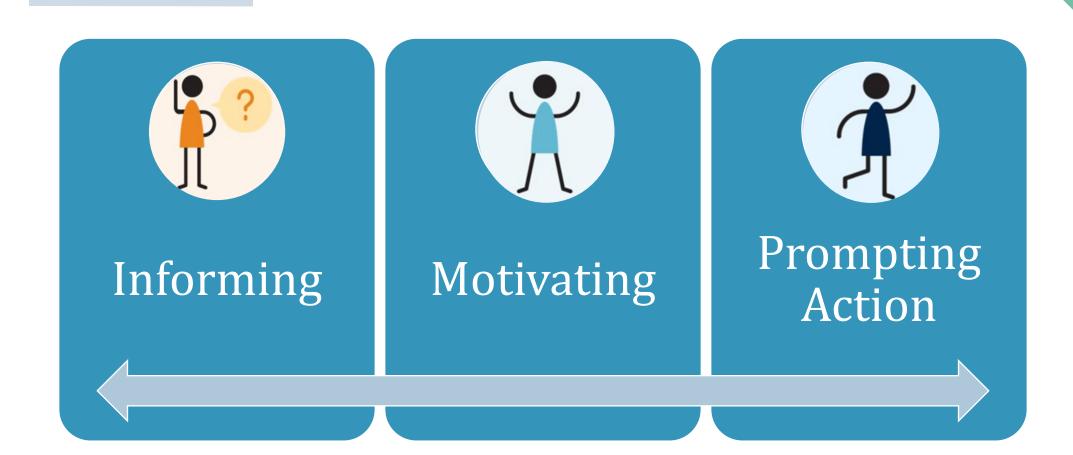


Goal: Help you support your audience to **take actions** (e.g. sign up for benefits, complete forms, show up for meetings, etc.)

What it is: A **checklist** with tips and behavioral science principles to improve the effectiveness of emails and text messages.

Who is it for: Anyone who writes emails or text messages.

Effective Communications



Informing



1. Capture Attention

- Identify the (trusted) sender
- Personalize the message
- Convey a sense of importance or urgency

2. Ensure effortless understanding

- Avoid jargon
- Keep it short
- Use formatting strategically

Tip: Focus on one key message per communication to avoid overloading the recipient with information.

Informing



- Identify the (trusted) sender
- Personalize the message
- Convey a sense of importance or urgency

2. Ensure effortless understanding

- Avoid jargon
- Keep it short
- Use formatting strategically

Motivating



2. Highlight the consequences



Tip: Use clear and specific examples to make the consequences vivid and relatable.

Informing



- Identify the (trusted) sender
- Personalize the message
- Convey a sense of importance or urgency

Motivating



2. Highlight the consequences

Tip: Consider scheduling reminders at strategic intervals, such as a few days before the deadline or at key milestones in the process.

Inspiring Action

- 1. Simplify the process
- 2. Provide clear instructions
- 3. Give deadlines
- 4. Prompt plan making
- **5. Send timely reminders**

2. Ensure effortle understanding

- Avoid jargon
- Keep it short
- Use formatting strategically

Informing



- Identify the (trusted) sender
- Personalize the message
- Convey a sense of importance or urgency
- 2. Ensure effortless understanding
- Avoid jargon
- Keep it short
- Use formatting strategically

Motivating

- 1. Tailor the content
- 2. Highlight the consequences

Inspiring Action

- 1. Simplify the process
- 2. Provide clear instructions
- 3. Give deadlines
- 4. Prompt plan making
- 5. Send timely reminders

Questions?

Thank you!

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