Spring Counselor Workshops Learn, Engage, Grow

What is the Washington State K-12 Comprehensive School Counseling & Guidance Program Model? How can I use this model to explain my role in my school to staff and parents?

http://www.k12.wa.us/SecondaryEducation/GuidanceCounseling/default.aspx



Having a WA State School Counseling Model will help to increase awareness and support for elementary, middle and high school counseling that is stated under RCW 28A.410.040: **"The purpose and role of the school counselor is to plan, organize, and deliver a comprehensive school guidance and counseling program that personalizes education and supports, promotes, and enhances the academic, personal, social, and career development of all students, based on the national standards for school counseling programs of the American school counselor association."**

Academic Achievement:

Evidence-Based School Counseling Career and College Readiness: Personalized Planning for ALL students Social Emotional Support: Student Support Resources

This school counseling model for our state is utilizes the online 2010-12 Comprehensive Guidance and Counseling Program (CGCP) Framework as a foundation for the 2017 "WA State K-12 Comprehensive School Counseling and Guidance Program Model", that aligns with WA Benchmark Standards for School Counselors, includes college and career readiness, evidence-based school counseling, social emotional benchmarks, and connects with components of the American School Counselor Association (ASCA) Model, 3rd Edition, along with the ASCA Mindsets and Behaviors.

Academic: Evidence-Based School Counseling





Supported through evidence-based school counseling, data analytics, student planning, and access to academic opportunities.

Optimize learning potential for every student

What are some WA State Examples:

- Growth percentiles (Elem, MS)
- Graduation rates and Extended Graduation Rates
- High School and Beyond Plan
- •9th Grade Success
- Multi-Tiered Systems of Support

Social Emotional Supports: Student Support Resources





- Resources and initiatives to support students managing their emotions an developing effective interpersonal skills
- Also help create positive K12 educational experiences

What are examples in WA State?

- Social Emotional Benchmark Report <u>http://www.k12.wa.us/Workgroups/SELB-Meetings/SELBWorkgroup2016Report.pdf</u>
- SEL Curriculum <u>http://www.k12.wa.us/StudentSupport/SEL/default.aspx</u>
- Mental Health in Schools
- Healthy Youth Survey
- Project Aware
- Attendance Initiative
- Positive Behavior and Intervention Supports (PBIS)

Career and College Readiness: Personalized Planning for ALL Students





Resources and initiatives to support personalized planning beyond high school that <u>begind</u> in elementary and middle school

What are some examples in WA State?

- Career Guidance WA guidance curriculum
- High School and Beyond Plan
- Dual Credit opportunities
- Workforce: Washington Career Bridge, CTE Programs of Study, Apprenticeship, Industry Certificates
- WSAC: College Bound Scholarship, 12th Year





What is ESSA? How does this relate to our School

Improvement Plan? Will this change the way we support students?

This Consolidated Plan is a critical turning point in our state's educational system, building on our path of innovation and excellence in education for our 1.1 million students. This Plan is a requirement of the 2015 reauthorization of the Elementary and Secondary Education Act (ESEA) of 1965, entitled Every Student Succeeds Act (ESSA).

Our state laws align closely with ESSA's intent. Standards-based education started nearly 23 years ago with the passage of the Education Reform Act. Since then the Office of Superintendent of Public Instruction (OSPI) has built a high-quality education system to support the learning of students from kindergarten through high school. It sets K–12 academic learning standards in English language arts (ELA), mathematics, science, social studies, the arts, and health and fitness.

Simultaneously, the state also implemented an assessment system to measure student progress meeting academic standards. Those standards and assessments have evolved over time to meet our student's needs and to focus on college and career readiness. Our state is phasing in additional credits requirements to earn a high school diploma, which will be completed with the class of 2019.

Washington's Consolidated Plan has been developed collaboratively and with an eye on equity to support districts and schools as they work to improve educational outcomes for all students. The Plan emphasizes greater cross-program coordination, planning, and service delivery. One goal of the plan: local education agencies (LEAs) will use a consolidated application for the federal programs under ESSA. This will allow LEAs to take a big picture, rather than segmented, approach to meeting student needs with their federal, state, and local dollars.

Overview of indicators by grade span

Grade Span	Academic Indicators			School Quality or Student Success Indicators
Elementary	Proficiency on the statewide assessments in	Academic growth as measured by Student Growth	English Learner	Chronic Absenteeism
Middle	ELA and Math	Percentiles (SGPs)	Progress	Absenceism
High	Proficiency on statewide assessments on ELA and Math	Graduation Rate	English Learner Progress	Chronic Absenteeism
				9th Graders on Track
				Advanced Course- Taking (dual credit)

Indicator measures and descriptions

Indicator	Measure(s)	Description
Academic Achievement	Proficiency on the statewide assessments in ELA and mathematics.	Percentage of students at Level 3 or Level 4.
Academic Progress	Academic growth (elementary and middle schools only)	Student growth percentiles for 4th to 8th graders on the statewide assessments in ELA and mathematics.
Graduation Rate	High School Graduation	Four-year graduation rate, adjusted for relatively large increases in extended-year graduation rates.
Progress in Achieving English Language Proficiency	Progress on the ELPA21 assessment (on track to becoming proficient)	Percentage of students who are making enough progress to transition out of the program within 6 years.
School Quality and Student Success	Regular attendance	Percentage of students who regularly attend school (are present for 90% or more of school days)
	9th Grade On Track (high schools)	The percent of first time ninth grade students who earned credit for all attempted courses.
	Dual Credit (high schools)	The percent of students who completed a dual credit course or program (i.e. AP, IB, College in the High School, Cambridge, Running Start, Advanced Certificated Courses, or Tech Prep).



ESSA keeps some requirements, and also brings some big changes when it replaces No Child Left Behind (NCLB). ACADEMIC STANDARDS While states have to adopt "challenging"

academic standards in reading, math, and science, the federal government can't try to influence a state's decision. ANNUAL TESTING

ESSA requires that states test students in reading and math annually from 3rd to 8th grade, and once in high school. States must also test in science once in grade school, middle school, and high school.

ACCOUNTABILITY

Districts must test for both growth and proficiency under ESSA. Graduation proficiency under ESSA. Graduation rate. reading and math proficiency, English-language proficiency, school quality, and a state chosen growth memory must all beinglinged on unli

STRUGGLING STUDENTS & SCHOOLS

ESSA does not punish struggling schools, like its predecessor NCLB. Instead, ESSA provides resources and structures for school improvement, including professional development, leadership training, and more. Evidence-based methods to improve schools can be decided on at the local level with state approval. level, with state approval. ESSA requires states help schools with low graduation rates, problems meeting academic indicators, and struggling subgroups (i.e English learners, Students with Disabilities, Ethnic and

Racial groups).



Equity is a key component in the Every Student Succeeds Act. ESSA frees up restrictions on state funding, allowing the state to better target struggling student subgroups to improve outcomes.

BETTER TARGETED SUPPORT

ESSA allows states to change the way they determine how they provide support. Previously, the bottom-performing 10% of subgroups

were awarded funding. Washington is looking to change that model to allow the agency to provide support to subgroups in two categories: Race & Ethnicity and Programs. This allows for a more exultable objects of funding agrees equitable share of funding across subgroups, allowing for students to receive support previously unavailable.

PROGRESS MEASUREMENT

OSPI wants to cut the learning gap in half over the next ten years, among each ethnic subgroup of students. The agency is going to improve the measurement mechanisms to include students making adequate growth towards standard, in addition to those at standard. This allows districts to understand where improvements are being made, and where more supports are needed.

PARENT AND COMMUNITY ENGAGEMENT

Engaging families and communities is key to supporting success, reducing the opportunity gap, and developing more culturally responsive and inclusive schools. ESSA supports parent and community engagement, requiring that schools, districts, and OSPI recruit, hire, train, and retain all staff for this commitment to cultural responsiveness, inclusion, and family-community-school engagement.



K-17 System Supports

K-12 System Supports provides leadership, technical assistance, and resources to Washington state school districts and schools to support them in equipping every student for academic success. Through a multi-tiered system of supports, we are working to create a culture for learning in K-12, and a smooth transition into postsecondary education and training. We want students to have a meaningful experience at all education levels as well as future success in work and life in an increasing global society.

Assess/Study

- Data and Reports
- Healthy Youth Survey
- Toolbox (coming soon)

Build/Strengthen

- Multi-tiered System of Supports (MTSS)
- <u>School Counseling</u>
- GATE: Graduation A Team Effort
- Toolbox (coming soon)

Support/Inform

- K-12 Education
- Graduation Success Career Guidance WA
- 9th Grade On-track
- Open Doors/Youth Reengagement
- Dual Credit
- Student Learning Plans for 8th grade
- <u>School Counseling</u>

School Climate

- School Attendance Initiative
- Truancy/BECCA
- <u>Check & Connect Mentoring</u>
- Student Assistance (Substance Use)
- Mental Health and Schools
- <u>Military Children</u>





What's New?

High School and Beyond Information and Resources

Professional Development

- Using Student Voice to Drive Our Work
 - Register today!
- GATE Equity Webinar Series

For more information Dixie Grunenfelder, Director, Dixie.Grunenfelder@k12.wa.us

High School & Beyond Planning: What's New at my school this year? How are we doing with implementing the new requirements?

The High School & Beyond Plan revolves around three questions: *Who am I?, What can I become?, and How do I become that?* The High School & Beyond Plan, a graduation requirement, helps students get the most out of high school and think about their future. Students work with school counselors and advisors to create their own individual plan, the "personalized pathway", throughout high school and revise their plan annually to accommodate changing interests or postsecondary goals on what they expect to do the year following graduation from high school. The postsecondary aspirations may include pathways for application to four-year colleges or universities, two-year community or technical colleges, apprenticeship programs, industry standard certificate programs, military training, or on-the-job training.

With the passage of ESHB 2224, beginning with 2017-2018 school year, the High School & Beyond Plan has the following requirements:

- Starts in **7**th or **8**th Grade.
- Identification of career goals, aided by a skills and career interest inventory assessment.
- Identification of educational goals.
- Four-year plan for course-taking plan that fulfills state and local graduation requirements and aligns with the student's career and educational goals with and individualized Personalized Pathway for student in Class of 2019 and beyond.
- **Resume or activity log** by end of 12th grade that provides a written compilation any activities/athletics, leadership opportunities, work experience, or community service that can be used for writing personal statements, application essays, or scholarship applications.
- For students who have not met standard on state assessment, **interventions and academic support**, **courses**, or both, that enable students to meet the high school graduation requirements, *must* be a part of this plan.

The High School & Beyond Plan is used to guide student middle school and high school experience and prepare him or her for postsecondary education or training and career.

- After the plan is initiated for each student during the seventh or eighth grade, it is updated each year to reflect high school assessments, review of transcripts, and assess progress toward identified goals.
- In many cases the plan is revised as necessary for changing interests, goals, and needs, and to identify the available interventions and academic support, and/or courses.

School districts are encouraged to involve parents and guardians in the process of developing and updating the High School and Beyond Plan.

• In the four-year course plan's Personalized Pathway Requirement, starting with Class of 2019, the content of the third credit of mathematics and the content of the third credit of science must be chosen by the student based on the student's interest and High School and Beyond Plan with agreement of the student's parents or guardian or agreement of the school counselor or principal.

What questions do I have about the Personalized Pathway Requirement with in the 24-Credits Diploma – Class of 2019 +?

There are a total of 8 courses outside of the required core 17 of the 24 credits that students can use in planning their Personalized Pathway.

Definition includes:

- Locally determined coursework identified in High School & Beyond Plan that is needed for postsecondary career or educational goals chosen by you based on interest and career goals
- Individual for each student the connects with 4-year course plan and career pathway or college major
- Sequence of courses are chosen by student that prepare him or her to meet graduation requirements and specific postsecondary or educational goals
- Created in collaboration between student, parent/guardian, and school counselor, advisor or teacher
- Students specify 3 credits from the additional art and 2 world language **or** choose to include 3 other courses, along with 4 electives and 17 core courses to complete their 24 credits needed for the Career- and College-Ready Diploma for Class of 2019 and beyond

Resources for High School and Beyond Planning

1. OSPI's Career Guidance WA guidance curriculum for grades 6-12 http://www.k12.wa.us/GraduationRequirements/Requirement-HighSchoolBeyond.aspx



- 2. State Board of Education http://www.sbe.wa.gov/HSBeyondPlan.php
- 3. A Digital High School & Beyond Planner is available from WSIPC's My School Data/Skyward Student Information System
 - Available for ALL school districts for middle and high schools in WA
 - Aligned with the new High School and Beyond requirements, process and materials in OSPI's guidance curriculum (Career Guidance WA)
 - Tool is available to ALL student information systems
 - o Skyward users has no additional charge
 - Available for school districts with their own SIS (small fee for data connection)
 - 4-year course plan and state assessment are pre-populated from Skyward (or other SIS) data
 - Translates into 200 languages
 - Can follow students if they transfer schools or districts
 - Can view a student's schedule, graduation requirements, transcript, registration for classes, and HSBP all in the same system without another log in
 - Has tools to document interventions, academic support, and courses
 - Dual credit courses and college placement tests can be housed
 - Parents and guardians can review using mobile devices and have input on plan
 - Simple, efficient, and easy to use for students, parents and guardians, advisory teachers, and school counselors



College and Career Readiness Initiatives Resources: What is new to me?

OSPI Funds School Counselor College & Career Readiness Training: SREB Go Alliance

The Go Alliance Academy college and career counseling training program offers the most comprehensive program of courses, designed by experts in the field, on the topics school counselors want and need most. The module is delivered using the latest, state-of-the art platform for an engaging and interactive user experience. OSPI currently has funded a grant for 100 high school and 50 middle school counselors to receive training in one module. SREB's Go Alliance Academy College and Career Counseling Initiative works to increase the knowledge and skills of counselors who advise students on their postsecondary aspirations and to prepare students for life after high school. In our state middle and high school students are required to complete the High School and Beyond Plan to graduate from high school and in order to complete this requirement, we know that students need highly qualified career and college readiness guidance. <u>https://www.sreb.org/overview-modules</u>

SREB | Southern Regional Education Board

College & Career Readiness Partnerships Support Projects

Statewide Efforts

Legislature- ESBH 2224: Increased focus for student's pathway for graduation and ability to demonstrate proficiency through a variety of means in HSBP and state assessment

WA School Counselor Association: School Counselor and Guidance Program Model, Summer Institutes

WA Student Achievement Council: Admission policies, College Bound Scholarship, 12th Year Campaign, GEAR UP,

WA State Board of Education: Policy resources for HSBP, 24-credits, and College & Career Readiness

WA State Board for Community and Technical Colleges: Guided Pathways, Bridge to College, Digital College & Career Search AWSP: 24-credit support and leadership PD

WA Council: Events for school counselors, high school and middle school students; Higher Ed Book

- WA Workforce Training and Education Coordinating Board: Career Bridge, Where Going?
- WA State Labor and Industries: Apprenticeships

WA Employment Security: Platform for internship programs

WA College Access Network (WCAN): College Knowledge <u>https://www.wcan.org/college-knowledge-materials</u>

Over the past two years, a team of organizations conducted student focus groups across the state to determine ways to support College Bound students in high school. Focus groups and surveys with over 800 primarily College Bound Scholarship students from urban, suburban and rural communities found that College Bound Scholarship and the steps to prepare for college are not well understood. As a solution, the College Knowledge project emerged - 23 digital handouts, covering the most requested college readiness topics, student tested, student approved. We will be offering these digital handouts in the top 5 languages spoken at home by students: English, Russian, Somali, Spanish and Vietnamese. Materials will be (ADA) accessible.

COLLEGE KNOWLEDGE

A COLLABORATIVE EFFORT ACROSS ORGANIZATIONS TO PROVIDI COMPREHENSIVE COLLEGE READINESS INFORMATION



College Knowledge Materials



WCAN: College Signing Day https://www.wcan.org/reach-higher/college-signing-celebrations

College Signing Day celebrates students who have achieved the life-changing milestone of committing to postsecondary options. College Signing Day events motivate students to take charge of their future by completing their education beyond high school. National College Signing Days have traditionally been focused on the college draft of promising athletes. Communities gather to watch, commentators speculate where athletes will play and fans prepare to cheer their new team members. Now, the Washington College Access Network (WCAN) is leading Washington State's efforts to celebrate all students going to college.

CCR Professional Development: Support for School Counselors

• College and Career Monthly Webinars

October 4—Financial Aid Updates November 1— High School & Beyond Planning Tools December 6—Personalized Planning for Postsecondary Pathway for All Students January 17—K–12 Career and College Readiness: Focus on Younger Grades February 7—Supporting and Creating a College Going Culture for Underserved Students March 7—Serving Special Populations for College and Career Readiness April 18— Four-Year College Admissions and CADR Update May 16—Dual Credit Updates Registration Information: http://www.k12.wa.us/SecondaryEducation/CareerCollegeReadiness/Training.aspx

 Summer Institutes – Registration coming soon on OSPI Counselor Listserv June 27 in Spokane June 29 in Olympia

Resources from WA Student Achievement Council

- CADR College Admission Distribution Requirements for 4-yr universities
- College Readiness Smarter Balanced Assessment Scores for Placement
- Financial Aid, College Bound Scholarship
- 12 Year Campaign http://www.wsac.wa.gov/12th-year-campaign
- Ready, Set, Grad <u>http://readysetgrad.org/</u>
- GEAR UP CCR Resources <u>http://www.gearup.wa.gov/resources</u>
- Scholarship Search Washboard <u>http://www.thewashboard.org/login.aspx</u>

What do I know about MTSS? How are we doing MTSS in our school district? Multi-tiered System of Support Using Counseling 3 Domains (Dr. Trish Hatch, SDSU)

Multi-tiered Multi-Domained System of Support

While MTSS is focused on two areas (academics and behavior), the focus of the work of the **school counselor** is in *three domains*: 1) academic, 2) college/career, and 3) social/emotional. To reflect this alignment with the work of the school counselor, the **Multi-Tiered Multi-Domained System of Supports (MTMDSS)** was created and is depicted in the image below. Similar to MTSS and RTI, the **Multi-Tiered Multi-Domained System of Supports** (**MTMDSS**) is a program planning and decision-making framework that utilizes an evidence-based practice approach to school counseling core curriculum and instruction aligned with assessments to address the needs of ALL students in the three domains of school counseling: academic, college and career, and social/emotional.

School counselors are integral parts of the total educational program for student success. The entire school community is invested in student academic achievement, college and career readiness and social emotional wellbeing. School-wide proactive, preventative and data driven intervention services and activities belong to the entire school. Therefore, it is recommended that schools add the third domain (college and career readiness) to their MTSS program and create a comprehensive school-wide *Multi-Tiered Multi-Domained System of Supports (MTMDSS)*.



MULTI-TIERED MULTI-DOMAINED SYSTEM OF SUPPORTS (MTMDSS)

The MTMDSS is a framework (See Figure 1) specifically for school counseling programs to organize a continuum of core instruction and interventions to meet students' needs with the goals of: 1) Ensuring all students receive developmentally appropriate instruction; 2) Maximizing student achievement; and 3) Increasing the social, emotional, and behavioral competencies of students. The MTMDSS Model organizes school intervention services into three levels, or Tiers.



What are your MTSS in the Academic, College/Career, and Social Emotional Domains?



My Notes and Questions for the Workshop...