

Suicide Prevention in Higher Education Grant Proposal Summary 11/8/18

Applicants

We received 8 proposals, distributed as follows:

- Public community or technical colleges (4 proposals)
- Public universities (2 proposals)
- Independent Colleges of Washington member (1 proposal)
- Northwest Career Colleges Federation member (1 proposal)

Proposal Summary

Each proposal includes one or more of the following key components:

- Education and training (8 proposals)
- Behavioral health services (5 proposals)
- Referral (3 proposals)
- Outreach and information (3 proposals)
- Other (5 proposals)

Proposal Details

Proposals include the following key components:

- Education and training (8 proposals)
 - Create a sustainable education program by training faculty and staff to be Question, Persuade, Refer (QPR) and Mental Health First Aid (MHFA) instructors. Counselors can earn the National Council for Behavioral Health's Veteran's Behavioral Health certificate.
 - 3-day "train the trainer" session to improve faculty/staff ability to support students who may be experiencing a mental health crisis.
 - Provide professional development and training to 300 faculty, staff, and students to help people in crisis and considering suicide. Leverage LEARN training and state DVA Peer Corps training.
 - Expanded suicide prevention training, education, and support for students, faculty, and staff. This includes recognition and referral trainings (e.g. QPR and MHFA), as well as suicide risk assessment, cultural competency, and skills intervention training (e.g. ASIST).
 - Trainings for students and faculty to enhance capacity for supporting students in crisis.
 - Training on recognition and referral. QPR Gatekeeper training. Training and templates for developing suicide prevention plans and student awareness and resources.
 - Training employees as MHFA instructors and QPR gatekeeper facilitators. 10 training sessions for campus and community members.
 - Training campus counselors.
- Behavioral health services (5 proposals)
 - Enhancing treatment options for veterans, LGBTQ students, students of color, and other students disproportionately affected by suicide.
 - Increase short-term mental health counseling on campus.

- Increase availability of counseling services. Assess viability of co-locating behavioral health services on campus.
 - Expand service hours of Psychiatric Nurse Practitioner.
 - Bring mental health counseling services onto campus to create awareness and support for students.
- Referral (3 proposals)
 - Develop a referral pathway.
 - Establish links and referral systems between campus behavioral health resources and at least one community-based mental health resource.
 - Expand clinical pathways for referral from campus mental health providers to community health providers.
- Outreach and information (3 proposals)
 - Develop culturally competent outreach to and services for students disproportionately affected by suicide, including veterans.
 - Social media campaign, marketing materials.
 - Students develop and launch a campaign to create suicide awareness, develop resources, and promote trainings.
- Other (5 proposals)
 - Creating comprehensive assessment and evaluation procedures that continue past the grant's completion.
 - Safety and security team will address items from 2017 environmental scan that was part of college's suicide prevention plan. Reduce means by which people can harm themselves.
 - Develop suicide prevention plan template.
 - Implementing student tracking software.
 - Review and improve early alert system.